

The Outdoors

We are proud to be working alongside a small local activity company, Atlantic Pursuits, who will offer you a personal and unique experience for all your outdoor activity fun!



Sam and his team are trained and experienced in surfing and canoeing and will ensure a great time is had by all!

Please contact Atlantic Pursuits directly for more information on prices and course availability on **01288 321765** or **07974 718145**. Make sure you let Sam and his team know you are staying at Wooda!

Surfing

North Cornwall is Britain's surfing capital, where world champion surfers come to ride the best waves in Europe. Whilst all of the beaches are great for surfing, the most popular are Widemouth Bay, Sandymouth and Northcott, and for those more experienced, Duckpool. In the town itself, Crooklets and Summerleaze both face west, work on all tides and hold swells up to about eight feet, so are just as good!

If you're taking the plunge for the first time, there are boards and wetsuits for hire, and half-day, full-day and week-long residential surf courses at Bude and Widemouth bay. Contact Sam at Atlantic Pursuits to arrange your surfing lessons.

Kayaking

Bude is well served with kayaking environments. The canal provides the perfect safe location to introduce young and novice paddlers to the sport, the harbour area allows for more adventure but still within the safety of Summerleaze Bay and then there's the open ocean for sea kayaking expeditions.

The North Coast of Cornwall and Devon is exposed, rugged and has some spectacular seascapes. Enjoy the scenery around Bude sea kayaking with some gentle rock hopping within the limits of the Bude beaches and then venture further afield to explore the coastline to the North and South of Bude.

Whole day trips can be organised to run from Bude or from locations around our coastline including Hartland Quay, Boscastle, Port Quin and Wadebridge. Surf Kayaking is also popular as the beaches and surf conditions make Bude the perfect location for this sport all year round.

Rock Climbing

Here in Bude we are extremely well positioned for rock climbing with classic culm coast climbs right on our doorstep. We have climbs which range in height from 30 to 400 feet with levels of difficulty to suit all abilities. Compass Point, Maer Cliffs and Northcott Mouth are popular locations. Test your skill by spending a half day abseiling down 100 feet cliffs.

Coasteering

This is the closest you will ever get to feeling at one with nature. One minute you can be crossing barnacle covered ledges and the next diving into the sea!

It's a fantastic activity that is best tried on the Cornish coast! There are various activity providers that offer coasteering experiences.

Activity Providers

Atlantic Pursuits

01288 321765 / 07974718145

Outdoor Adventure

01288 362900

Please come and ask us in reception for more information on all of the outdoors – we'll be more than happy to help!