

# Useful Information

## Useful Telephone Numbers (Bude Area Code: 01288)

Police	Nearest Station Bude, EX23 8BP	08452 777444
Doctors	Medical Centre, Stratton, EX23 9BP	01288 352133
Dentist	NHS Emergency Dentist	01872 354375
Vets	Penbode, Bude	01288 359500
Garage	Bude Tyre Supplies, EX23 8QN	01288 352924
Library	The Wharf - Bude, EX23 8LG	01288 352527
Tourist Info	The Crescent Car Park - Bude, EX23 8LE	01288 354240
Hairdressers	Shine, EX23 8BR	01288 356930
	Hair Evolution (Stratton), EX23 9DF	01288 352597
Florist	Bleujen Florist, Bude, EX23 8LG	01288 354606
Beautician	Tekka, EX23 8BY	01288 350030
Cycle Hire	Bude Bike Hire	07749 408100

## Taxis

Rob's Travel - 07771 824141
B & S Taxis - 07889 833127
Blue Light Taxi - 07553 054446
Alpha Taxis - 07760 757135

## Petrol Stations (Bude)

<b>Morrisons</b>
Stratton Road, EX23 8UA
<b>Esso Garage</b>
Bencoolen Road, EX23 8PJ
<b>Redpost Garage (LPG ONLY)</b>
Redpost, Stratton, EX23 9NW

## Supermarkets

Bude	Morrisons, Stucley Road, EX23 8UA	Mon to Sat 08:00 - 20:00 Sun 10:00 - 16:00	01288 355546
Bude	Sainsburys, Crooklets Road, EX23 8ND	Mon to Sat 08:00 - 20:00 Sun 10:00 - 16:00	01288 282000
Bude	Co-Op, Burn View Road, EX23 8AU	Mon to Sat 08:00 - 22:00 Sun 10:00 - 16:00	01288 352255
Bude	Lidl, Sandpiper Road, EX23 8BA	Mon to Sat 08:00 - 21:00 Sun 10:00 - 16:00	0800 9777766
Holsworthy	Waitrose, Station Road, EX22 6AZ	Mon to Sat 08:30 - 20:00 Sun 10:00 - 16:00	01409 255460

**Banks** ATM's are located at all banks in Bude and also at Esso Garage (Link), Morrisons and Co-Op stores in Bude.

Bude	Barclays, EX23 8QX	Mon to Fri 9.30 - 4.30	0845 7555555
Bude	TSB, EX23 8JJ	Mon to Fri 9.00 - 5.00	0845 9758758
Bude	Natwest, EX23 8QU	Mon to Fri 9.30 - 4.30	0845 3021644
Holsworthy	HSBC, EX22 6DN	Mon to Fri 9.00 - 4.30	0845 6040626

## Building Societies

Bideford	Britannia, EX39 2EZ	Mon to Fri 9.00 - 5.00	01237 476811
Bideford	Nationwide, EX39 2HE	Mon to Fri 9.00 - 5.00	01237 479418
Launceston	Halifax, PL15 9DP	Mon to Fri 9.00 - 5.00	01566 766901
Launceston	Santander, PL15 8AG	Mon to Fri 9.00 - 5.00	0845 7654321

## Local Bus Service (01637 871871)

The 219 stops at the entrance to Wooda taking you into the main town of Bude, and comes back to Wooda from Bude a few times a day. Buses also service the surrounding area. Please pop into reception to pick up a current timetable.